



20th European Meeting on Hypertension
European Society of Hypertension



SATELLITE SYMPOSIUM

of the 2010 ESH
Oslo Hypertension meeting

"BLOOD PRESSURE MONITORING IN CARDIOVASCULAR MEDICINE AND THERAPEUTICS II"

4-5 JUNE 2010
THESSALONIKI GREECE
MAKEDONIA PALACE HOTEL



Congress Secretariat
101, Ethnikis Antistaseos, 55 134
Kalamaria, Thessaloniki, Greece
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Preliminary Program



SCIENTIFIC COMMITTEE

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V Kotsis (Greece)
S Stabouli (Greece)

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Ambrosioni E (Italy)
Athyros V (Greece)
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Papadopoulos D (Greece)
Parati G (Italy)
Pinto F (Portugal)
Redon J (Spain)
Savopoulos C (Greece)
Sion M (Greece)
Sleight P (UK)
Struijker-Boudier H (Netherlands)
Tsiapas A (Greece)
Tsioufis K (Greece)
Tsiougoulis G (Greece)
Viigimaa M (Estonia)
Zamboulis C (Greece)
Zancetti A (Italy)
Zebekakis P (Greece)

INVITATION

*Dear Friends, Dear Colleagues,
On behalf of the European Society of Hypertension (ESH) it is our pleasure and privilege to invite you to the Blood Pressure Monitoring in Cardiovascular Medicine and Therapeutics Symposium II to be held in Thessaloniki, June 04-05, 2010, as a satellite symposium of the ESH Oslo 2010 Hypertension meeting.*

This Blood Pressure Monitoring in Cardiovascular Medicine and Therapeutics Symposium is devoted to the understanding of blood pressure monitoring and the Management of Hypertension.

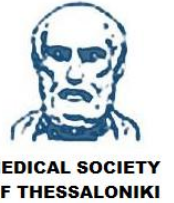
Thessaloniki and Greece provides you a unique opportunity to gather with colleagues from around the world and Europe in an exciting environment.

Our goal is to favour discussion and exchange between ABPM specialists of the ESH and ISH with specialists from our country, in order to better implement the management and treatment of hypertension. Your valuable participation would be highly appreciated.

We sincerely hope that you will enjoy this meeting in Thessaloniki, Greece.

*Best regards
Vasilios Kotsis,
President of the Organizing Committee*

*Stella Stabouli
Co-President of the Organizing Committee*



SCIENTIFIC PROGRAM

DAY 1 JUNE 04, 2010

18:00-19:00 LIFE STYLE MODIFICATION AND HYPERTENSION

Presidents: Kotsis V, Deligiannis A

Lecture 1: SODIUM, BLOOD PRESSURE, AND CARDIOVASCULAR DISEASE

M Alderman

Albert Einstein College of Medicine, Dept. of Epidemiology & Population Health, Bronx, New York, USA.

Lecture 2: INFLUENCE OF EXERCISE ON BP AND CARDIOVASCULAR RISK

R Fagard

Hypertension and Cardiovascular Rehabilitation Unit, University of Leuven, Belgium.

19:00-20:00: BLOOD PRESSURE IN SPECIAL POPULATIONS

Presidents: Stabouli S, Doumas M

Lecture 1: ABPM IN CHILDREN AND ADOLESCENTS

E Lurbe

Department of Pediatrics, Hospital General, University of Valencia, Instituto de Salud Carlos III, Spain.

Lecture 2: PREGNANCY AND HYPERTENSION

R Cifkova

Institute for Clinical and Experimental Medicine, Prague, Czech Republic

20:00-21:00: WHAT IS NEW IN HYPERTENSION RESEARCH?

President: Athyros V

Lecture 1: GENOMICS AND HYPERTENSION

A Dominiczak

BHF Glasgow Cardiovascular Research Centre, University of Glasgow, UK.

Lecture 2: RISK FACTOR CONTROL IN EUROPE

M Viigimaa

Tallinn Hypertension Excellence Centre, North Estonia Medical Centre, Tallinn, Estonia.

21:00 OPENING CEREMONY

DAY 2 JUNE 05, 2010

10:00-11:00 CIRCADIAN VARIATION OF THE BLOOD PRESSURE

Presidents: Sion M, Douma S

Lecture 1: ABPM IN NONAGENARIANS (AGES>90YEARS)

A Coca

Hipertensión Clinic. Internal Medicine, Hospital Clinico, University of Barcelona, Spain

Lecture 2: DAY-NIGHT BP VARIATION MECHANISMS, REPRODUCIBILITY AND CLINICAL RELEVANCE

G Parati

University of Milano-Bicocca, Milan, Italy.

11:00-12:00 EVALUATION OF THE TARGET ORGAN DAMAGE IN HYPERTENSION I

President: Karagiannis A

Lecture 1: THE UTILITY OF ABPM IN PREDICTING TARGET ORGAN DAMAGE

V Kotsis

Hypertension-24h ABPM Center Papageorgiou Hospital, Aristotle University of Thessaloniki, Greece.

Lecture 2: HYPERTENSIVE HEART DISEASE: DIAGNOSTIC AND THERAPEUTIC GUIDELINES

E Ambrosioni

Department of Internal Medicine, University of Bologna, Bologna, Italy.

Coffee Break 12:00-12:30

12:30-13:30 EVALUATION OF THE TARGET ORGAN DAMAGE IN HYPERTENSION II

President: Zebekakis P

Lecture 1: VASCULAR AGING: A TALE OF EVA AND ADAM IN CARDIOVASCULAR RISK ASSESSMENT AND PREVENTION

P Nilsson

Department of Clinical Sciences Medicine, University Hospital, Malmö, Sweden.

Lecture 2: PERIPHERAL ARTERY DISEASE IN HYPERTENSION

D Clement

Department of the Dean, Ghent University Hospital, Ghent, Belgium.

13:30-14:30 ARTERIAL STIFFNESS

Presidents: Achimastos A, Paletas K

Lecture 1: ARTERIAL STIFFNESS IN THE THERAPEUTIC APPROACH OF HYPERTENSION

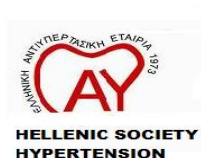
H Struijker-Boudier

Department of Pharmacology and Toxicology, University of Maastricht, The Netherlands.

Lecture 2: STRUCTURAL AND FUNCTIONAL ALTERATIONS OF SMALL ARTERIES IN SEVERE OBESITY

G Grassi

Clinica Medica, Ospedale S. Gerardo, Università Milano Bicocca, Monza Milan, Italy.



LUNCH BREAK 14:30-15:00

15:00-16:00: NEW INSIGHTS IN THE TREATMENT OF HYPERTENSION I

Presidents: Tsiapas A, Toumanidis S

Lecture 1: TREATMENT OF HYPERTENSION IN THE ELDERLY

S Kjeldsen

Department of Cardiology and Nephrology, Ullevaal University Hospital, Oslo, Norway.

Lecture 2: INTERVENTIONAL STRATEGIES TO TREAT HYPERTENSION

D Papadopoulos

Cardiology Department, Laiko Hospital, Athens, Greece.

16:00-17:00 EVALUATION OF THE TARGET ORGAN DAMAGE IN HYPERTENSION III

President: Tsigoulis G, Papadopoulos D

Lecture 1: MICROALBUMINURIA IN HYPERTENSIVE PATIENTS

K Tsioufis

Department of Cardiology, University of Athens, Greece.

Lecture 2: HYPERTENSIVE HEART DISEASE: FROM HYPERTENSION TO HEART FAILURE

F Pinto

Hospital de Sao Sebastiao, Porto, Portugal

17:00-18:00 EVALUATION OF THE TARGET ORGAN DAMAGE IN HYPERTENSION IV

Presidents: Hatzitolios A, Savopoulos C

Lecture 1: SEXUAL DYSFUNCTION IN HYPERTENSION

M Dumas

Department of Medicine, Aristotle University, Thessaloniki

Lecture 2: CENTRAL NERVOUS SYSTEM TODAY IN HYPERTENSION

G Tsigoulis

Department of Neurology, Alexandroupolis University, Greece.

Coffee Break 18:00-18:30

**18:30-19:30: NEW INSIGHTS IN THE TREATMENT OF
HYPERTENSION II**

President: Zamboulis C

Lecture 1: RESISTANT HYPERTENSION

J Redon

Hypertension Clinic. Internal Medicine Hospital Clinico University of Valencia, Spain

**Lecture 2: SHOULD WE USE AN ARB IN COMBINATION WITH AN ACEI TO TREAT A
HYPERTENSIVE PATIENT**

P Sleight

Cardiac Department, John Radcliffe Hospital, Headington, Oxford, United Kingdom

**19:30-20:30: NEW INSIGHTS IN THE TREATMENT OF
HYPERTENSION III**

President: Kotsis V

Lecture 1: RESULTS FROM THE ABPM SUBSTUDY OF ASCOT

M Caulfield

John Vane Science Centre, Clinical Pharmacology, The William Harvey Research Institute,
United Kingdom.

**Lecture 2: WHEN SHOULD ANTIHYPERTENSIVE DRUG TREATMENT BE INITIATED
AND TO WHAT LEVEL SHOULD SBP BE LOWERED**

A Zancetti

Centro Interuniversitario di Fisiologia, Clinica e Ipertensione, University of Milan, Istituto
Auxologico Italiano and Ospedale Maggiore, Milan, Italy.

REGISTRATION INFORMATION

Congress Secretariat

PRAXICON

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Congress Location & Event Dates

Macedonia Palace Hotel, Thessaloniki, Greece.

4-5 June 2010

Registration

Physicians 100 €

Trainees 50€

Students Complimentary Entrance

There will be onsite registration throughout the duration of the Congress.

Registration for delegates includes:

- Admission to the meeting
- Congress bag with scientific material
- Certificate of attendance
- Coffee break

Official Congress Website:

<http://www.praxicon.gr>

<http://www.praxicon.gr/en/ypertasis.html>

Certificate of Attendance

Certificate of Attendance will be provided on request at the registration desk at the end of the meeting.

CME CREDITS

INFORMATION FOR SPEAKERS

A slide preview room is located in the congress venue.

ONLY PC DATA PROJECTION WILL BE AVAILABLE AT THE MEETING.

The conference rooms will be provided with a laptop computer, therefore the use of one's laptop will not be allowed.

Speakers are kindly requested to contact the slide preview room to upload their presentation at least 1 hour before the beginning of the session.

ACCOMMODATION

For your convenience, PRAXICON has reserved choice rates that apply only for those attending the event at the MACEDONIA PALACE HOTEL*****

For further information please contact **PRAXICON:**

Tel.: 0030 2310 460 682, 0030 460 652

Fax: 0030 2310 435 064

E-mail: info@praxicon.gr

GENERAL INFORMATION

Language

The official language of the Congress is English. Simultaneous translation will be provided.

Admission

The participant's name badge will be provided at the registration desk. All participants are requested to wear the badge throughout the Congress. Only badge holders will be admitted to sessions and exhibition.

Currency

The currency in Greece is the Euro. Your hotel will provide you with information about nearest currency exchange.

Electricity

The standard voltage in Greece is 220 V.

Insurance

The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a result of the Congress.

Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel. The insurance should be purchased in your country of origin.

Program Changes

All the program information published within this Preliminary Program is correct at the time of printing. The Scientific Committee reserves the right to modify the program at any time.

No smoking

Smoking in the congress area is not allowed.

Mobile phones

Delegates are kindly requested to keep their phone in the off position in the rooms where scientific sessions are being held.