

AGE AND GENDER FACTORS

Welcome Addresses B.Jelakovic, G.Grassi

MAIN LECTURES.

Hypertension in the elderly: the ESH/ESC Guidelines position. (Agabiti)

Reappraisal of the European guidelines (Mancia)

1ST SESSION - PATHOPHYSIOLOGICAL ASPECTS

Chairpersons: Grassi, Julius, Laganović

1. Age differences in blood pressure regulation (Ch.Vlachopoulos)
2. Gender differences in blood pressure regulation (G Grassi)
3. Hypertension in young and old ages: similarities and differences (S.Julius)
4. Hypertension and genders: similarities and differences (I.Willkinson)
5. Low birth weight and early vascular aging (M.Laganović)
6. Telomers and life span (A.Benetos)

2nd SESSION – HYPERTENSION IN THE ELDERLY: CLINICAL ASPECTS

Chairpersons: Coca, Miličić, Narkiewitz

1. Isolated systolic hypertension (D.Lović)
2. Systodiastolic hypertension (K.Narkiewitz)
3. Target organ damage - heart failure (D.Miličić)
4. Brain and aging (A.Coca)
5. Kidney function and aging (B.Jelaković)
6. Does gender affect hypertension/aging relationships? (V.Regitz-Zagrosek)

3rd SESSION – HYPERTENSION IN WOMEN: CLINICAL ASPECTS

Chairpersons: Zanchetti, Brguljan, Farsang

1. Pregnancy induced hypertension (L.Chappell)
2. From pregnancy to childhood and adulthood: the trajectory of hypertension (A.Zanchetti)
2. Menopause and hypertension (J.Brguljan)
3. Target organ damage (M.Muiesan)
4. Does aging affect hypertension/gender relationships? (C.Farsang)

4th SESSION – SPECIAL ISSUES

Chairpersons: Manolis, Kostis, Parati

1. Uric Acid, age and gender (C.Borghi)
2. Atrial fibrillation, age and gender (A.Manolis)
3. Blood pressure variability, age and gender (G.Parati)
4. Central blood pressure, age and gender (S.Laurent)
5. Obesity and early vascular aging (V.Kostis)
6. Sexual function, aging and cardiovascular risk (M.Doumas)

5th SESSION – DEBATE

Moderator: Mancia

1. BP targets and goals in the elderly: the lower the better a pros position (Kjeldsen)
2. BP targets and goals in the elderly: the lower the better a cons position (Palatini)
3. Rebuttals

6th SESSION – THERAPETIC ASPECTS

Chairpersons: Cifkova, Počanić, Tsioufus

1. Hypertension in the elderly: which drug(s) (D.Počanić)
2. Hypertension in women: which drug(s) (R.Cifkova)
3. How to improve blood pressure control in the elderly (M.Burnier)
4. How to improve blood pressure control in women (C.Tsioufus)
5. How to suggest life style changes -focus on physical activity (A.Pittaras)
6. Salt intake - important in elderly ? (D.Clement)

5. Concluding remarks

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