

THE CROATIAN ACADEMY OF SCIENCES AND ART
The Department of Medical Sciences
CROATIAN SOCIETY OF HYPERTENSION
WG ON HYPERTENSION CROATIAN CARDIOLOGY SOCIETY

It is an honour to invite you to

SCIENTIFIC PRE-CONGRESS SYMPOSIUM
25th European Meeting on Hypertension
and Cardiovascular protection

**NEW PERSPECTIVES ON CARDIOVASCULAR RISK AND
VASCULAR PROTECTION**

endorsed by the
EUROPEAN SOCIETY OF HYPERTENSION

Which is going to take place on Tuesday, June 9 2015
from 9.00-19.30
in The Library of the
Croatian Academy of Sciences and Arts,
Zrinski trg 11, Zagreb

SCIENTIFIC COMMITTEE
Full Members of the Department of Medical Sciences,
Croatian Academy of Sciences and Arts

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ORGANIZING COMMITTEE

Directors of the Symposium: Bojan Jelaković, Stevo Julius, Peter Nilsson

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PROFESSIONAL ORGANIZER

Spektar d.o.o.

COURSE OBJECTIVES AND MAIN TOPICS

This symposium will focus on new perspectives on cardiovascular risk and global cardiovascular protection starting with early life programming and early vascular aging. New paradigms (microbiota, uric acid), unrecognized risk factors (kidney disease, anorexia) and still neglected risk factors (heart rate) will be discussed. The importance of healthy living from the early childhood (but never ending) will be emphasized particularly for the families with clustering risk factors. New therapeutic strategies and approaches for resistant hypertension but also advantages and caveats of some new drugs will be presented. This symposium is venue for getting recent information from leading experts in the field, but it is also place to meet old friends and make new contacts, plans and friendships.

The symposium is going to be held in English.

Lectures will be 20 minutes followed by 5 minutes discussion

NEW PERSPECTIVES ON CARDIOVASCULAR RISK AND VASCULAR PROTECTION

Welcome

9.00-9.10 President of the Croatian Academy of Sciences and Arts

ZVONKO KUSIĆ

9.10-9.15. Secretary of the Department of Medical Sciences

MARKO PEĆINA

Introduction

9.15-9.20 Directors of the symposium

BOJAN JELAKOVIĆ, STEVO JULIUS, PETER NILSSON

9.20-11.30 ***New risk paradigms***

Moderators: Paolo Palatini , Mario Laganović, Dragan Lović

9.20- 9.45	Peter Nilsson (Sweden)	The role of microbiota in cardiometabolic disease, an update 2015
9.45-10.10	Donatella Verbanac (Croatia)	Croatian diet and microbiota
10.10-10.35	Dragan Lović (Serbia)	Family clustering of cardiovascular disease
10.35-11.00	Paolo Palatini (Italy)	Heart rate as a risk factor in hypertension and cardiovascular disease
11.00-11.25	Jana Brguljan (Slovenia)	Risk stratification by ambulatory and home blood pressure monitoring

11.25-12.00 ***Break - Coffee, tea***

12.00-14.05 ***Vascular ageing and its consequences***

Moderators: Peter Nilsson, Vasilios Kotsis, Jana Brguljan

12.00-12.25	Ivica Rubelj (Croatia)	Mechanisms of ageing
12.25- 12.50	Vasilios Kotsis (Greece)	Obesity and early vascular aging
12.50-13.15	Stella Stabouli (Greece)	Arterial stiffness and blood pressure in children and adolescents
13.15-13.40	Orjena Žaja& Bernardica Valent-Morić (Croatia)	Anorexia and obesity in childhood– two edges
13.40-14.05	Branko Malojčić (Croatia)	Cognitive dysfunction and hypertension

14.05-15.00 **Lunch**

15.00-16.35 **Treatment aspects**

Moderators: Stevo Julius, Costas Tsioufis, Davor Miličić

15.00-15.25	Costas Tsioufis (Greece)	New treatment options for resistant hypertension
15.25-15.50	Davor Miličić (Croatia)	Advantages and caveats of new oral anticoagulant drugs
15.50- 16.15	Darko Počanić (Croatia)	Old and new antihypertensive drugs
16.15-16.40	Željko Reiner (Croatia)	New antilipemic drugs
16.40-17.05	Andreas Pittaras (Greece)	Exercise and cardiovascular risk

17.05-17.30 **Break – coffe, tea, fruits, wine, nuts**

17.30-19.30 **Cardiometabolic aspects**

Moderators: Csaba Farsang, Bojan Jelaković, Željko Reiner

17.30-17.55	Csaba Farsang (Hungary)	Pulse pressure and heart rate in metabolic syndrome
17.55-18.15	Bojan Jelaković (Croatia)	Uric acid, cardiovascular risk and chronic kidney disease
18.15-18.40	Ivan Pećin (Croatia)	Characteristics of metabolic syndrome in Croatian rural population
18.40-19.05	Stevo Julius (USA)	Sympathetic overactivity –hypertension and obesity
19.05-19.30	Dražko Pavlović (Croatia)	Diabetic kidney disease